

Participant Supply List

Below is a general list of supplies you should bring with you to Restoration Day. Additional items may be necessary depending on your activity assignment. Please review which activity you have been assigned to and what additional supplies are necessary before the day of the event.

Supplies for ALL Volunteers to Bring:

- **NOAA Badge to access restrooms!**
- Bagged lunch and/or snacks (coolers will be provided).
- Reusable water bottle and plenty to drink (Some water will be provided, but **NOT** food)
- Fieldwork clothes that can get very dirty and wet (jeans, shorts and t-shirts). Remember to wear your NOAA logos if you have them.
- Old sneakers or boots. **NO BARE FEET ALLOWED!!**
- Long-sleeved shirts
- Long pants
- Waterproof sunscreen
- Towel
- Dry change of clothes and shoes for social event and ride home
- Plastic bag for your wet items
- Bug spray
- Sunglasses
- Hat
- Bag to hold your gear (backpack or dry bag). **NOTE: plan on bringing all necessary items with you throughout the day.**

Fish Seine, Fish Trawl, SAV Monitoring:

- Swimsuit and old clothes, you will get wet!! Quick dry fabrics work best (nylon, not cotton).
- Old sneakers or teva sandals that can get wet.
- Towel.

Optional Items:

- Binoculars for birding (some will be provided)
- Jacket/sweatshirt (if necessary)
- Cell phone (in waterproof case if taken near water, ziplock bags work great!)
- Work gloves (some will be provided)
- Although exposure to poison ivy will be limited, Tecnu poison ivy preventative (can be found at drug stores a limited quantity will be available)
- Extra garden trowels or digging shovels would be helpful (please label).

Be prepared for the weather, check the forecast before leaving your house in the morning:

http://www.weather.com/weather/today/Oxford+MD+USMD0301?lswe=oxford,%20md&from=hdr_localsarch

NOAA Restoration Day 2010